

## ***Arc Connects***

### **Cooking with Crockpots**

**Saturday, June 10<sup>th</sup>, 12 - 2pm** (*ongoing classes scheduled second Saturday of every month*)

Learn simple meals with only a handful of fresh ingredients.

“Set it and forget it” style cooking, for quick easy meals ready when you get home!

Recipe book and ingredients will be included.

Location: The Arc of GHN Large Conference Room, 57 Wingate St. Suite 301, Haverhill

**\$20 per class or \$30 with a crockpot to keep, to register call Kim 978-373-0552**

## ***Self-Advocacy Meetings***

### **Peer Support Advisory Committee**

**Tuesday, June 6<sup>th</sup> & 20<sup>th</sup>, 6:30 - 8pm**

For more information contact Barbara Pandolfi, 978-373-0552 x206.

**Holy Family Hospital, 140 Lincoln Ave, Haverhill MA**

### **Regional Self Advocacy Meeting**

**Wednesday, June 21<sup>st</sup>, 6:30 - 8pm**

For more information contact Barbara Pandolfi, 978-373-0552 x206.

**Holy Family Hospital, 140 Lincoln Ave, Haverhill MA**

### **Regional Self Advocacy Retreat**

**Friday, June 2<sup>nd</sup>, 10am - 3pm**

For more information contact Barbara Pandolfi, 978-373-0552 x206.

**Endicott Park, 57 Forest Street, Danvers MA**