Adult Family Care (AFC) Fact Sheet

Who is eligible to receive AFC Services?
Eligible members must be 16 years of age and older. They must have MassHealth insurance. This program is funded through MassHealth (Medicaid).

How is an individual eligible for the AFC program?
The individual must have a medical need. They must require physical assistance or supervision with their Activities of Daily Living (eating, ambulating, dressing, toileting, personal hygiene/bathing, etc.) as well as Instrumental Activities of Daily Living (meal preparation, managing finances, managing medications, phone usage, shopping, transportation, etc.).

There are two levels of need within the program. Once an individual enters the program, they are deemed as either Level I or Level II. The individual’s team makes that decision based on all of the medical information provided.

Who can be a caregiver?
A responsible person who is 18 years of age or older, and who is not the legal guardian of the individual. The caregiver can be a family or non-family member. Note: Parents can become caregivers as long as they are not the legal guardian of their son or daughter; spouses cannot become caregivers within this program.

How is a caregiver compensated?
Caregivers will be compensated on a daily rate depending on the level of care required. These stipends are non-taxable and are not classified as income. In addition members contribute 75% of their SSI towards room and board.

Is respite available?
Yes, each caregiver is eligible for 14 days of respite per year. This does not carry over from one year to another.

Is there daily paperwork?
Yes, there are daily progress notes as well as a daily caregiver log that need to be completed. There are also quarterly fire drills, which will need to be documented.

Is there someone to work with me?
Yes, every member and caregiver within the program has an AFC Coordinator and Registered Nurse as a part of their team. Each of them will perform monthly home visits and more if necessary.

Achieve with us.

Member Agency: The Arc of Massachusetts The Arc of the United States
Service Areas: Amesbury, Boxford, Georgetown, Groveland, Haverhill, Merrimac, Newbury, Newburyport, Rowley, Salisbury, West Newbury