The Arc’s AFTER program is committed to promoting fun, relaxation, personal growth, and fulfillment!

To this end, we provide structured supervised opportunities to explore social activities or learn new skills with peers. AFTER staffing are provided by The Arc at these events.

In addition, we value connecting participants to their communities by collecting and sharing information on local events. We also welcome any suggestions or community connections!

We believe in supporting people with disabilities to independently navigate their local communities as a pathway to empowerment and personal control.

**AFTER Offerings**

**For Teen & Young Adults:** Ages 16-26
Various recreation and enrichment activities after school to promote social skills and the transition to adulthood. Great opportunity to meet new people, have fun and get a break from parents or caregivers!

**For Adults:** Ages 22 and older
Opportunities for recreation and enrichment activities after day program or work to develop interests, make new friends, or to experience something new. Take a break from your busy life to relax and have fun!

**Community Connections:**
As an alternative to structured group activities, our AFTER program staff connects you to ‘goings-on’ in the local community, allowing for more independence in navigating one’s own social life. **These arrangements must be made directly with the host, and are not staffed by The Arc.**

If you are interested in learning more about our AFTER Program, please contact:

Neala Mercier at 978.373.0552 x233
Neala.Mercier@thearcofghn.org.

**Exploring Interests**

- Art
- Cooking
- Dances
- Bowing
- Hang Out Nights
- Performing Arts
- Movie Nights
- Family Nights
- Community Events
- Seasonal Activities
- Quarterly Trips
What is AFTER?

Come join us for fun AFTER your day program, work or just a long day!

The Arc of Greater Haverhill-Newburyport provides Activities, Fun, Training, Enrichment & Recreation for teens and adults with intellectual and developmental disabilities in the Greater Haverhill and Greater Newburyport communities.

Mission Statement

“To Advocate, Educate, and Explore Opportunities for Personal Growth and Fulfillment”

Vision Statement

Our vision is to be a dynamic and innovative organization that recognizes and supports every person’s unique gifts and talents. Our work is shifting the focus from “doing for” to partnering with the individuals and families we support.

Our personalized and customized approach allows our partners to pursue their needs and dreams while enriching the community. We strive for excellence by supporting people in becoming leaders and ambassadors of equal opportunity.

Achieve with us.

“Exploring a range of Social Opportunities and Life Choices”

Activities, Fun, Trainings, Enrichment & Recreation

www.thearcofghn.org