



AFTER Program

Activities, Fun, Trainings, Enrichment & Recreation

January 2019 Activities

Bowling (Ages 16-26)

Monday's 6:30-8pm at Leo's SuperBowl, Amesbury; Thursday's 6:30-8pm at Academy Lanes, Haverhill

Come and join this fun weekly bowling group for our youth and young adults ages 16-26!!

Minimum participants: 4, Maximum participants: 8

Cost: \$15.00 per person, Staffing Ratio: 2:4

Kickboxing (Ages 16+)

Tuesday, January 8th & 22nd, 3:30-4:15pm at 5 Dragons Karate, 57 Wingate Street, Lower Level, Haverhill

Learn simple self-defense moves in a fun atmosphere, while gaining a greater sense of empowerment and self-confidence. A cardio workout never felt more effortless.

Minimum Participants: 5, Maximum Participants: 13

Cost: \$15.00 per person; Staffing Ratio: Varies

Veasey Park Hang Out Night

Wednesday, January 9th, 5:30-8:30pm (Ages 16+) January 23rd, 5:30-8:30pm (Ages 22+)

Veasey Park, 201 Washington St, Groveland

This is a monthly hang out where you can meet new friends or catch up with old ones while playing games, listening to music, dancing, painting or cooking. Ideas for new activities are always welcome!

Minimum Participants: 5, Maximum Participants: 15

Cost: \$25.00 per person, Staffing Ratio: Varies

Game Night (Ages 16+)

Friday, January 11th, 5:30-7:30pm at The Arc of GHN, 57 Wingate St, Haverhill

Join us for Friday fun night! Bring a friend all are welcome. We play different interactive games, listen to music and fabulous conversations. Pizza and drinks included.

Minimum Participants: 4

Cost: \$20.00 per person , Staffing Ratio: Varies

Crockpot Cooking (Ages 16+)

Saturday, January 12th, 12:00-2:00pm at The Arc of GHN, 57 Wingate Street, Suite 301, Haverhill

Learn simple meals with only a handful of fresh ingredients. "Set it and forget it" style cooking, for quick easy meals ready when you get home! Plus, learn basic techniques on preparation, knife handling and using fresh ingredients! **Please inform of any allergies/ food restrictions.**

Minimum Participants: 5, Maximum Participants: 13

Cost: \$20.00 per person or \$30.00 per person with a crockpot, Staffing Ratio: Varies

Paint Night (Ages 16+)

Wednesday, January 16th, 4:00-6:00pm, Plaster Fun Time, 255 Lincoln Ave, Haverhill

Come and pick your piece of pottery to paint. You can make a gift or a unique keepsake.

Late comers are welcome!

Minimum Participants: 5, Maximum Participants: 15

Cost: \$25.00 per person , Staffing Ration: Varies

Dance (Ages 22+)

Friday, January 18th, 6:00- 8:30pm at the Haverhill Citizen's Center, 10 Welcome Street, Haverhill

Our themed dances are held every third Friday of the month. DJ Grimaldy in the house playing Top 40 hits along with lots of crowd favorites! Light refreshments are served. Bring a friend and join the fun. Theme is **Holiday Celebration**

No registration required.

Cost: \$5.00 per person

Art Class (Ages 16+)

Saturday, January 19th, 10:00-11:30am at Able HeART Studio, 111 Main St, Suite 1, Amesbury

Art class with experienced artists in Amesbury. We will be creating Christmas ornaments!

Minimum Participants: 3, Maximum Participants: 8

Cost: \$25.00 per person, Staffing Ratio: Varies

Dinner & Movie (Ages 16+)

Tuesday, January 29th, 5:30-8:00pm at Crossroad's Pizza, 6 Merrill Street #9, Salisbury

We will have dinner and then walk over to Vision Max for a movie TBA! Come join the fun!

Drop off at Crossroad's Pizza and pick up at Vision Max.

Minimum Participants: 4, Maximum Participants: 12

Cost: \$30.00 per person, Staffing Ratio: Varies

Cooking Boot Camp (Ages 16+)

FULL

1st Saturday of the month, Location TBA

Home Cooking (Ages 16+)

FULL

1st Saturday of the month, Location TBA

Register online at www.thearcofghn.org or call Neala Mercier at 978-373-0552 x233

Reminder: Intake and Emergency Fact Sheets must be completed before attending any activity.