



# AFTER Program

Activities, Fun, Trainings, Enrichment & Recreation

## October 2019 Activities

### **Bowling**

**Monday's 4:30-6pm at Leo's SuperBowl, Amesbury; Thursday's 6:30-8pm at Academy Lanes, Haverhill**

This is a fun energetic group of people that love to bowl. New bowlers are always welcome.

*Minimum participants: 4, Maximum participants: 8*

*Cost: \$15.00 per person, Staffing Ratio: 2:4*

### **Ladies Night (Ages 16+)**

**Friday, October 4th, 6-9pm at Veasey Park, 201 Washington St. Groveland**

Calling all ladies for dinner, dessert & mocktails. Lets get our girlie on, and do what girls do watch movie, play music, chit chat, recipe swap, crafts, nail painting and karaoke are all possibilities. Bring your ideas with you!

*Minimum Participants: 4*

*Cost: \$30.00 per person , Staffing Ratio: Varies*

### **Apple Picking (Ages 16+)**

**Sunday, October 6th, 3-5pm at Cider Hill Farm, Amesbury**

We will be getting together to pick apples , walk around the orchard enjoying the fall foliage. Each person will be get their own bag for picking apples. After all of our hard work we can relax with some apple cider and a cider donut.

*Minimum Participants: 4, Maximum Participants: 12*

*Cost: \$20.00 per person, Staffing Ration: Varies*

Register online at [www.thearcofghn.org](http://www.thearcofghn.org) or call Neala Mercier at 978-373-0552 x233

Reminder: Intake and Emergency Fact Sheets must be completed before attending any activity.

### **Paint Night (Ages 16+)**

**Wednesday, October 9th, 6:00-8:00pm, Maria's Restaurant, 8 Essex St, Haverhill**

A fun night out painting party. We will be painting on a canvas with step by step instructions from Able HeART artists. Light appetizers and sodas will be provided.

*Minimum Participants: 6, Maximum Participants: 15*

*Cost: \$35.00 per person, Staffing Ratio: Varies*

### **Crockpot Cooking (Ages 16+)**

**Saturday, October 12th, 12:00-2:00pm at The Arc of GHN, 57 Wingate Street, Suite 301, Haverhill**

Learn simple meals with only a handful of ingredients. "Set it and forget it" style cooking, for quick easy meals ready when you get home! Plus, learn basic techniques on preparation, reading recipes, using a combination of fresh, frozen and canned ingredients! **Please inform of any allergies/food restrictions.**

*Minimum Participants: 5, Maximum Participants: 13*

*Cost: \$20.00 per person—additional \$10 for class size crockpot, Staffing Ratio: Varies*

### **Dance (Ages 22+)**

**Friday, October 18th, 6:00- 8:30pm at the Haverhill Citizen's Center, 10 Welcome Street, Haverhill**

DJ Grimaldy in the house playing Top 40 hits along with lots of crowd favorites! Light refreshments are served. Bring a friend and join the fun. **The theme is Halloween.**

No registration required.

*Cost: \$5.00 per person*

### **Art Class (Ages 16+)**

**Saturday, October 19th, 10:00-11:30am at Able HeART Studio, 111 Main St, Suite 1, Amesbury**

Art class with experienced artists in Amesbury! You will leave class with a fabulous craft and a great social experience with peers.

*Minimum Participants: 3, Maximum Participants: 8*

*Cost: \$25.00 per person, Staffing Ratio: Varies*

### **Tasty Talk Dinner Club (Ages 22+)**

**Saturday, October 28th, 5-7:00pm at TBA .**

Let's meet up and chit chat over dinner. Get together with peers and talk about current events, music, movies, pop culture etc. For interest in the MVRTA ride program please let me know.

- ◆ Please notify me if you have staff or a friend attending with you.
- ◆ **Desserts and alcoholic beverages not included.**

*Minimum Participants: 4, Maximum Participants: 12*

*Cost: \$30.00 per person, Staffing Ration: Varies*

### **Fall Craft Day (Ages 16+)**

**Sunday, October 27th, 1-3pm at The Arc of GHN, 57 Wingate Street, Suite 301, Haverhill**

Celebrate Fall by creating a fall craft with old and new friends!

*Minimum Participants: 6, Maximum Participants: 12*

*Cost: \$20.00 per person, Staffing Ration: Varies*

### **Dinner & Movie (Ages 16+)**

**Tuesday, October 29th, 5:30-8:30pm at Crossroad's Pizza, 6 Merrill Street #9, Salisbury**

Come join the fun! Eat dinner and then walk over to Vision Max for a movie TBA! Times vary depending on the movie schedule. Drop off at Crossroad's Pizza and pick up at Vision Max.

*Minimum Participants: 4, Maximum Participants: 12*

*Cost: \$30.00 per person, Staffing Ration: Varies*