

Program Information

Participants **must** have an Intake Form on file before they can attend an GHN activity.

Registration

Please register 48 hours **prior** to the start of the activity to secure a spot.

To Register





Email Neala Mercier, AFTER Program Coordinator
after@thearcofghn.org

**Age Group
Color Code**
All Ages
Ages 12-17
Ages 18+



AFTER Activities

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Game Time Mad Libs 4-5pm \$15 Bowling Academy Haverhill FULL 6-7:30pm	3 \$15 NEW! Bowling GameTime Amesbury Candlepin 4:30-6pm	4 \$15 Bowling GameTime Amesbury Candlepin FULL 10-Pin 4:30-6pm Yoga with Liz 6:30-7:30pm	5 Craft Day Surprise tree re-decorating & gift craft 5pm 	6	7 Lunch Hour Live Guest Chef Jessica: Honey Rosemary Chicken 11-12pm
8  Mothers Day	9 Game Time Mad Libs 4-5pm \$15 Bowling Academy Haverhill FULL 6-7:30pm	10 \$15 NEW! Bowling GameTime Amesbury Candlepin 4:30-6pm	11 \$15 Bowling GameTime Amesbury Candlepin FULL 10-Pin 4:30-6pm	12 Walk n' Roll the Rail Trail Newburyport 4-5:30pm 4:30-5:30pm Movie Night The Boss Baby 2 6:30-8:30pm	13	14 Lunch Hour Live Crockpot w/ Diane: Teriyaki Chicken 11-12pm
15 Dabble with Water Color Painting 4-5pm	16 Game Time What's in the Bag? 4-5pm \$15 Bowling Academy Haverhill FULL 6-7:30pm	17 \$15 NEW! Bowling GameTime Amesbury Candlepin 4:30-6pm	18 \$15 Bowling GameTime Amesbury Candlepin FULL 10-Pin 4:30-6pm Yoga with Liz 6:30-7:30pm	19 \$25 Art Class Able HeArt Amesbury 4:30-5:30pm	20	21 \$25 Art Class Able HeArt Amesbury 10-11am
22	23 Game Time Family Feud 4-5pm \$15 Bowling Academy Haverhill FULL 6-7:30pm	24 \$15 NEW! Bowling GameTime Amesbury Candlepin 4:30-6pm	25 \$15 Bowling GameTime Amesbury Candlepin FULL 10-Pin 4:30-6pm	26 \$20 Let's Hang Out!! NEW! Veasey Park Food, Fun & Festivities 5-8pm	27	28 
29	30 	31 \$15 NEW! Bowling GameTime Amesbury Candlepin 4:30-6pm Story Telling w/Patrick "Harry Potter" 6:30-7:30pm				

Registration required for all activities. For more information see activity descriptions below.
To register contact Neala Mercier at after@thearcofghn.org



AFTER ACTIVITIES

Activities, Fun, Training, Enrichment & Recreation

Participants must have an intake form on file before they can attend a GHN activity in person.

caregiver/provider needs to participate if special assistance is required

TO REGISTER: email Neala Mercier, AFTER Coordinator at after@thearcofghn.org

May Activity Descriptions

Game Time

Mondays @ 4pm (All Ages)

Zoom in for some social game challenges! Each week we will have new games and activities, check calendar for details.

Story Telling with Patrick

Tuesdays in May @ 6:30pm (All Ages)

Zoom into this journey and explore the world of Harry Potter while Patrick tells the story. Feel free to read along or put your feet up, grab a snack and unwind through this adventure. This will be a continuous series.

Lunch Hour Live

Saturday's May 7th & 14th @ 11am (Ages 18+)

Join your virtual hosts Kim and Diane! Cook along as they take you step by step thru the process of making a delicious home cooked meal.

Movie Night – The Boss Baby 2 (All Ages)

Thursday, May 12th @ 6:30-8:30pm

Grab a drink, snack and a blanket and let's cozy up and watch a movie!

To register contact Neala Mercier at after@thearcofghn.org

Yoga with Liz

Wednesday, May 4th & 18th @ 6:30pm (All Ages)

Join us on zoom for Yoga. Liz Kennedy DeGroot, Founder of Traveling Yogi, will bring yoga to your home via Zoom! Classes start with calm meditation, build up through movement, creativity, excitement, and end in reflection. Traditional yoga terminology will be sprinkled throughout class, but the goal is to have fun and be creative through movement - not to get stuck in the mold of how a mainstream yoga class is perceived to run!

Dabble with Watercolor Painting

Sunday, May 15th @ 4pm (All Ages)

We will get together on Zoom. Paint and brush sets are available through our CSP. This will be an on-going activity though out the summer. We will learn a couple of watercolor techniques each time. Hopefully you can get out and dabble with this one on you own too!

Walk n' Roll the Rail Trail (Ages 12-17) & (Ages 18+)

Thursday, May 12th, 4:00-5:30pm @ Cashman Park, Newburyport

Thursday, May 12th, 4:00-5:30pm @ Cashman Park, Newburyport

This is a great way to get out, stretch and explore some nature. We will meet at the Playground at Cashman Park and be picked up at the Tannery. If you would like to bring some money for a treat at the end of or walk, you are welcome to do that.

Minimum participants: 4, Maximum participants: 8

Staffing Ratio: Varies

Craft Day (Ages 18+)

Thursday, May 5th at 5:00pm

Getting ready for Mother's Day. We will honor mom with our craft project this month. I won't say to much in case she is reading! Please feel free to bring your creative ideas with you to Zoom.

Craft kits are available through our CSP

Bowling (Ages 18+) FULL

Mondays in May at 6-7:30pm @ Academy Lanes, Haverhill

Tuesdays & Wednesdays in May at 4:30-6pm @ GameTime, Amesbury

This is a fun energetic group of people that love to bowl. You can email me for any open slots in case we have a cancellation.

Cost: \$15 per person

Min 4, Max 12, Staffing Ratio: Varies

To register contact Neala Mercier at after@thearcofghn.org

Art Class (Ages 18+)

Thursday, May 19th, 4:30-5:30pm and Saturday, May 21st at Able HeART Studio, 111 Main St, Suite 1, Amesbury

Art class with experienced artists in Amesbury! You will leave class with a fabulous craft and a great social experience with peers.

Cost: \$25 per person

Min 4, Max 8, Staffing Ratio: Varies

Let's Hang Out (Ages 18+)

Thursday, May 26th, 5:00-8:00pm, Veasey Park, 201 Washington St., Groveland,

Hang out with friends for dinner, dessert & mocktails. We will have your favorite tunes on the radio, crafting, nature exploration, fun games, fabulous conversation and movies are all options for whatever the night brings!

Minimum Participants: 4

Cost: \$20.00 per person, Staffing Ratio: Varies

CSP Available (Must register for supplies & pickup info)

- Craft Kit – Mother's Day \$30
- Watercolor Paint Set & Brushes \$30 (Limited Quantity)
- Loom Kit - Loom, yarn & loom tool \$15
- Glue Gun - includes glue sticks \$10
- 2 Quart Crockpot \$12

Curbside Pick-up (CSP)

Please contact Neala for pick up date & time.

For your convenience and safety supplies for select activities can be purchased through our CSP!

To register contact Neala Mercier at after@thearcofghn.org

Community Connections

All activities listed in below are goings-on' in the local community, are not Arc staffed activities. For information or to make arrangements, please contact the host organizations.

- **Sundays** - Newburyport Farmers Market, 9-1pm, Tannery Marketplace, 50 Water St.
- **May 4th, 11th & 18th** - Amesbury Farmers Market, 3-7pm @ Barewolf Brewing, Amesbury
- **May 4th** - Teen Crafternoon - Starwars, (Grades 6-12) 4-5pm, Haverhill Public Library
Library Contact Rachel Gagnon 978-373-1586,650 x rgagnon@haverhillppl.org
- **May 5th, 6th & 7th** - Annie performed by Newburyport High School Theatre
7pm on 5/5 and 5/6, and 2pm on 5/7.
- **May 9th** - On Screen: Shang- Chi and the Legend of the Ten Rings, 6-8:15pm,
Haverhill Public Library, Library Contact Rachel Gagnon 978-373-1586,650 x
rgagnon@haverhillppl.org
- **May 10th** - Family Story Time May Flowers (Ages 3-8) 6:30-7:17pm Nevins Memorial
Library, Methuen Contact Children's Department 978-686-4080 x26
- **May 14th-15th** - **Save the Dates** - Spring Fest 10am-8pm Hosted by The Greater
Newburyport Chamber & The Newburyport Arts Collaborative
- **May 17th** - Game On (Ages 10-15), 4-5pm, Nevins Memorial Library, Methuen Contact
Children's Department 978-686-4080 x26 for registration
- **May 21st** - Donuts with Dad (Ages 3-8) 10-10:45am, Nevins Memorial Library, Methuen

Our local libraries offer many activities, check out their event calendars online!

<https://libraries.state.ma.us/calendar>

Check out The Arc of the United States Virtual Program Library!

<https://programlibrary.thearc.org>