



Program Information

Participants **must** have an Intake Form on file before they can attend an GHN activity.

Registration

Please register 48 hours **prior** to the start of the activity to secure a spot.

To Register


Email Neala Mercier, AFTER Program Coordinator
after@thearcofghn.org

**Age Group
Color Code**
Ages 14-17
Ages 18+



AFTER Activities

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			\$15 1 Bowling GameTime Amesbury 10-Pin 4:30-6pm	\$35 2 The Studio Newburyport 1:30-3pm	3	4
5	Game Time Hangman 4-5pm \$15 Bowling Academy Lanes Haverhill 6-7:30pm	Story Telling w/Patrick "Harry Potter" 6:30-7:30pm \$10 Craft Day St. Patty's Day Gnome 5:30-6:30pm	\$15 8 Bowling GameTime Amesbury Candlepin 4:30-6pm	\$35 9 The Studio Newburyport 1:30-3pm	10	Lunch Hour Live w/Guest Chef Destiny: Layered Taco Dip 11-12pm
12	Game Time Bingo 4-5pm \$15 Bowling Academy Lanes Haverhill 6-7:30pm	Story Telling w/Patrick "Harry Potter" 6:30-7:30pm	\$15 15 Bowling GameTime Amesbury 10-Pin 4:30-6pm Yoga with Liz 6:30-7:30pm	\$35 16 The Studio Newburyport 1:30-3pm	\$10 17 Dance St. Patty's Day 6-8pm 	Lunch Hour Live w/Diane: Crockpot Chicken Stroganoff 11-12pm \$25 Art Class Able HeArt Amesbury 10-11am
19	Game Time Mad Libs w/Tyler 4-5pm \$15 Bowling Academy Lanes Haverhill 6-7:30pm	Story Telling w/Patrick "Harry Potter" 6:30-7:30pm	\$15 22 Bowling GameTime Amesbury Candlepin 4:30-6pm	\$35 23 The Studio Newburyport 1:30-3pm \$TBD Dinner Club Live!! Olive Garden-Methuen 5-7pm	24	25
26	Game Time Scavenger Hunt 4-5pm \$15 Bowling Academy Lanes Haverhill 6-7:30pm	Story Telling w/Patrick "Harry Potter" 6:30-7:30pm	\$15 29 Bowling GameTime Amesbury 10-Pin 4:30-6pm Yoga with Liz 6:30-7:30pm	\$35 30 The Studio Newburyport 1:30-3pm	31	

Registration required for all activities. For more information see activity descriptions below.

To register contact Neala Mercier at after@thearcofghn.org



AFTER ACTIVITIES

Activities, Fun, Training, Enrichment & Recreation

Participants must have an intake form on file before they can attend a GHN activity in person.

caregiver/provider needs to participate if special assistance is required

TO REGISTER: email Neala Mercier, AFTER Coordinator at after@thearcofghn.org

March Activity Descriptions

Game Time

Mondays @ 4pm (All Ages)

Zoom in for some social game challenges! Each week we will have new games and activities, check calendar for details.

Story Telling with Patrick

Tuesdays in March @ 6:30pm (All Ages)

Zoom into this journey and explore the world of Harry Potter while Patrick tells the story. Feel free to read along or put your feet up, grab a snack and unwind through this adventure. This will be a continuous series.

Lunch Hour Live

Saturday's March 11th & 18th @ 11-12pm (Ages 18+)

Join your virtual hosts Kim and Diane! Cook along as they take you step by step thru the process of making a delicious home cooked meal.

Yoga with Liz

Wednesday, March 15th & 29th @ 6:30pm (All Ages)

Join us on zoom for Yoga. Liz Kennedy DeGroot, Founder of Traveling Yogi, will bring yoga to your home via Zoom! Classes start with calm meditation, build up through movement, creativity, excitement, and end in reflection. Traditional yoga terminology will be sprinkled throughout class, but the goal is to have fun and be creative through movement - not to get stuck in the mold of how a mainstream yoga class is perceived to run!

To register contact Neala Mercier at after@thearcofghn.org

Bowling (Ages 18+)

Mondays in March at 6-7:30pm @ Academy Lanes, Haverhill

Wednesdays in March at 4:30-6pm @ GameTime, Amesbury

This is a fun energetic group of people that love to bowl. You can email me for any open slots in case we have a cancellation.

Cost: \$15 per person

Min 4, Max 12, Staffing Ratio: Varies

Dinner Club Live! (Ages 18+)

Thursday, March 23rd @ 5-7pm, Olive Garden, The Loop Methuen

Meet friends old and new as we chit chat over dinner about current events, music, movies, and more. Upon registration you will receive a link to the menu where you will choose your meal, drink, and dessert ahead of time. Cost of this activity will depend on the food you choose (tax and tip will be calculated on total).

Cost: TBD

Min 6, Max 14, Staffing Ratio: Varies

Craft Day (All Ages)

Tuesday, March 7th @ 5:30-6:30pm

Join me on Zoom for a St. Patty's Gnome. We will be crafting a gnome that you can keep or give as a gift. This will be a bit messy. Hopefully, this will teach you to create additional items for gifts or just for fun. Craft kit is \$10.

Craft kits are available through our CSP

Art Class (Ages 18+)

Saturday, March 18th at 10-11am @ Able HeART Studio, 77 Elm St, Unit 203, Amesbury

Art class with experienced artists in Amesbury! You will leave class with a fabulous craft and a great social experience with peers.

Cost: \$25 per person

Min 6, Max 12, Staffing Ratio: Varies

Dance (Ages 18+)

Friday, March 17th, 6:00-8:00pm at the Haverhill Citizen's Center, 10 Welcome Street, Haverhill

Our DJ will be playing Top 40 hits along with lots of crowd favorites! Bring a friend and join the fun. **The theme is St. Patrick's Day.**

No registration required.

Cost: \$10.00 per person

To register contact Neala Mercier at after@thearcofghn.org

The Studio (Ages 18+)

Thursdays in March 1:30-3pm @ The Studio, 253 Low St., Newburyport, MA

A place to be creative through a variety of art projects. Also offering many other activities to help build coping skills, improve social interactions, gain self-esteem and develop techniques to improve emotional regulation. Please see the flyer below.

Maximum participants: 10

Cost: \$35.00 per person

CSP Available (Must register for supplies & pickup info)

- Craft Kits – \$10
- Loom Kit - Loom, yarn & loom tool \$15
- Glue Gun - includes glue sticks \$10
- 2 Quart Crockpot \$12

Curbside Pick-up (CSP)

Please contact Neala for pick up date & time.

For your convenience and safety supplies for select activities can be purchased through our CSP!

To register contact Neala Mercier at after@thearcofghn.org

Community Connections

All activities listed in below are goings-on' in the local community, are not Arc staffed activities. For information or to make arrangements, please contact the host organizations.

- **Sundays** - Newburyport Farmers Market, 9-1pm, Tannery Marketplace, 50 Water St.
- **Sundays** - Amesbury Farmers Market, 1-4pm @ Barewolf Brewing, Amesbury
- **Tuesdays** - Vision Max Cinema - Movies are \$5.00 all day!
- **March 2nd** - Book Babble (Ages 12-18) 7-8:30pm Nevins Memorial Library, Methuen Contact Nevins Teens nevinsteens@nevinslibrary.org
- **March 4th** - Sensory Saturday (Ages 3-5 @ 11-11:45) (Ages 6+ 3:30-4:15) Memorial Hall Library, 2 North Main St, Andover
- **March 8th** - Teen Arts and Crafts Club (Ages 12-18) 3-4pm, Nevins Memorial Library, Methuen Contact Nevins Teens nevinsteens@nevinslibrary.org
- **March 12th** - Movie - The Fablemans 2-4:45 Haverhill Public Library, Contact Amanda McAvoy 978-373-1586, x608 reference@haverhillppl.org
- **March 14th** - ID Theft & Fraud Protection 6:30-8pm, Nevins Memorial Library, Methuen <https://nevinslibrary.assabetinteractive.com/calendar/online-safety/>
- **March 14th** - Teen Crafternoon - Wooden Bookmarks (Grades 6-12) 4-5pm, Haverhill Public Library Contact Rachel Gagnon 978-373-1586, x650 rgagnon@haverhillppl.org
- **March 14th** - What's Wrong with My House Plant 6-8:30 Haverhill Public Library, Contact 978-373-1586, x608 programming@haverhillppl.org
- **March 16th** - Builders Workshop (Ages 4+) 3:45-4:45pm, Merrimac Library, 86 West Main St, Merrimac.
- **March 21st** - Teen Creative Writing (Grades 6-12) 3:30-4:45pm, Newburyport Public Library, 94 State Street, Newburyport
- **March 21st**- Family Story Time - It's Spring! (Ages 3-8) 6:30-7:15pm Nevins Memorial Library, Methuen Contact 978-686-4080 x26
- **March 22nd** - Adult scrabble club 6:30-8:30pm, Nevins Memorial Library, Methuen
- **March 25th** - Sensory Playtime (Ages 2-6) 10-11am Nevins Memorial Library, Methuen Contact 978-686-4080 x26
- **March 28th** - Online Safety (Adults) 7-8pm, Newburyport Public Library, 94 State Street, Newburyport

Our local libraries offer many activities, check out their event calendars online!

<https://libraries.state.ma.us/calendar>

Check out The Arc of the United States Virtual Program Library!

<https://programlibrary.thearc.org>