

Caregiver Log
Descriptions and Definitions

Description of Activities of Daily Living (ADL)

Transferring: Moving in and out of bed; on/off chair, sofa, etc. (Exclude to/from bath/toilet)

Locomotion/Ambulation (in home): Walking/wheeling in the home (if in wheelchair, self-sufficiency once in chair).

Locomotion/Ambulation (outside): Moving about outside the home (if in wheelchair, self-sufficiency once in chair).

Dressing upper body: Street clothes on/off from waist up. Includes prostheses and orthotics.

Dressing lower body: Street clothes on/off from waist down. Includes prostheses and orthotics.

Eating: Taking in food by any method, including tube feeding.

Bathing: Full body bath/shower or sponge bath (does not include washing of back & hair).

Toileting: Using toilet, commode, bedpan/urinal, transferring on/off toilet, cleaning self after toilet use, incontinence care, changing pad, managing menstrual cycle or any special devices required (ostomy or catheter), managing and adjusting clothes.

Description of Behavior Problem

Wandering: Moving with no rational purpose seemingly oblivious to needs or safety.

Verbally Abusive Behavior: Threatening, screaming or cursing at others.

Physically Abusive Behavior: Hitting, shoving or scratching.

Socially Inappropriate Behavior: Disruptive sounds, noisiness, screaming, self-abusive acts, disrobing in public, smearing or throwing feces, rummaging, repetitive behavior or causing general disruption.

Resists Care: Resists assistance with medications, ADL assistance, eating or changes in position. Does not include refusal of care.